



CUMBERLAND
CITY COUNCIL



Cumberland City Council's Transition to School Booklet



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Children and families snapshot

Cumberland is home to 39,687 children (0-12 years old) (ABS, Census 2016).



16,880 residents (7.8%) are babies and pre-schoolers aged 0-4 years



65.6% of residents speak a language other than English at home



22,807 residents (10.6%) are primary schoolers aged 5-12 years



0.6% of people in Cumberland identify as Aboriginal or Torres Strait Islander



41.4% of households are couples with children

Median weekly household income in 2016 was **\$1,377** (compared to \$1,745 in Greater Sydney)



12.3% of children aged 0-12 years, living in Cumberland were born overseas



90.5% of the Cumberland workforce are employed in either part time or full time work



1.8% of children aged 0-12 years, living in Cumberland need additional assistance due to a disability





School... Ready or Not?

This booklet has been compiled for parents and carers in the Cumberland area who are facing the difficult decisions of "Is my child ready to start school?" and "What school is best for my child?"

Starting school is an important step in a young child's life. "But is my child ready for school?" is a question asked by many parents.

Children develop at different rates and learn skills in different ways. It is the school's task to respond to the needs, learning styles and rates of progress of individual students.

Is My Child the Right Age for Starting School?

Not all children are ready to begin school at the age of five. Some children benefit greatly from the extra year of maturity before they start school and it can help them if they start a bit later. Think about this if your child is younger than the other children or is not yet really comfortable

playing with groups of children or confident without adult support. Talk it over with the kindergarten or preschool teacher if he/she has one.

Children who turn five on or before 31 July next year are eligible to start school. By law, all children must be in school the year they turn six.

Visiting your new school now helps children prepare for starting school next year. If your child becomes familiar with the environment and meets children and teachers, they will be more likely to have a more confident start. You can ask questions about how the school is going to teach your child.

When you are at the school you can find out about the educational program, how your child will be kept safe and ways that you can help your child be ready for school.

Following is a sample of skills suitable for most children starting Kindergarten. Starting school may be just a little easier if they have these skills. Encourage your child to attempt the things mentioned, but don't worry if your child can't do all of them.

Language

- Answers and asks simple questions, using “when”, “how”, and “why”.
- Able to verbalise needs.
- Follows 3 step directions.
- Identifies pictures in books, magazines, on television or video.
- Joins in singing familiar songs.
- Understands sequencing of events when told them.
- Beginning to recall stories but may confuse the facts.

Social Skills/Self-Help Skills

- Uses the toilet independently.
- Can say own name.
- Adapts to unfamiliar settings and new experiences.
- Can finish a task, and tidies up afterwards.
- Plays cooperatively with other children – shares and takes turns.
- Can sit still to listen to a story for at least 10 minutes.
- Shows an interest in their environment.
- Can share an adult’s attention with several other children.
- Participates in imaginative play.
- Recognises own possessions and packs them away, e.g. lunchbox, clothes.
- Can put on and take off jumpers, shoes, socks independently.
- Attempts to lace shoes.
- Beginning awareness of road safety.
- Pays particular attention to detail in dramatic play.
- Recognises written name

Fine Motor Skills

Uses scissors to cut along a straight line/curves.

- Copies cross, square and circle.
- Cuts on line continuously.
- Beginning to print a few letters of the alphabet.
- Consistently uses dominant hand (L/R).
- Threads various materials onto string.
- Uses a variety of tools (pens, pencils, textas, paint brushes) to draw, scribble or write.

Gross Motor Skills

- Throws small ball with some direction.
- Jumps forward 10 times without falling.
- Walks up and down steps unaided using alternating feet.
- Catches medium ball in hands.
- Can start, stop and turn while running.
- Hops on preferred foot 4-6 times.

Cognitive Skills

- Names 4 to 6 colours.
- Sorts objects according to category.
- Identifies differences in shapes.
- Demonstrates the concept of opposites – up and down, under and over, in front and behind, day and night.
- Shows an understanding of prepositions – in, under, behind, next to.
- Looks at books for enjoyment.
- Draws symbolically – person with 2 to 6 recognisable parts.
- Beginning to write own name.



Foundation Writing

This page contains an example of the style of writing taught in Kindergarten (refer to [education.nsw.gov.au/public-schools/going-to-a-public-school/primary-schools/starting-school](https://www.education.nsw.gov.au/public-schools/going-to-a-public-school/primary-schools/starting-school)).

a b c d e f

g h i j k l m

n o p q r s t

u v w x y z

A B C D E F

G H I J K L M

N O P Q R S T

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Choosing Your Child's School

(Ref: Raising Children Network - www.raisingchildren.net.au)

Your decision

Decisions about where your child goes to school are very personal, and can be difficult. It's common and normal for parents to feel anxious about getting this decision right.

For some parents, the decision is simple. Their children go to the local state school – the school in the same government zone as their house. Other parents might want to look further afield at other government schools ('out-of-area' schools) or private schools.

Things to consider when choosing a school

If you're looking beyond the local public school, think about what will work best for your child's characteristics, personality, strengths, needs and interests. You might also consider how different schools' cultures and values sit with your family values and family life.

Other factors you could take into account include:

- the facilities the school has to support your child's learning – such as playgrounds, library, home language support, music programs, clubs and sporting teams

- the opportunities for parent and family involvement with the school, and how communication between home and the school is managed
- the school's size and number of children enrolled
- the school's religious affiliation or otherwise
- your preference in relation to public versus private education
- the location of the school, cost or difficulty of travelling to and from the school, and public transport options
- your preferences or needs – for example, boarding, or the possibility of educating your child at home
- the connection between the school and the local community
- the schools' previous academic results or performance in other areas, such as the arts, sport or community engagement
- where your child's friends are going.

Many parents worry they can't afford to send their child to the 'best' school in the area. Every school has strengths that will enhance your child's experience of school. Getting to know what those strengths are and how you can support them will benefit your child's education.



Choosing a primary school

The following questions might be useful if you're thinking about primary schools:

- Will you and your child feel welcome at the school?
- Does the school offer a 'transition to school' program?
- What options are available for before and after school care? What do other parents you know think about the different schools in your area? What are their experiences?
- What approach does the school take to behaviour management?

Important facts and factors

Many parents worry about factors such as class size, whether single-sex or co-ed is best, and how to get a handle on a school's philosophy. Here are some facts that might guide your thinking.

Class size:

Some older research suggested that the ideal class size is 16 students to one teacher. But more recent research indicates that teacher quality and work-related conditions are more important than the number of students in the class.

Single-sex or co-educational:

Generally, whether a school is co-ed or single sex isn't as important as the school's quality of leadership,

teachers and approach to teaching. Most families will have a personal view about the issue, which is linked to the personality of their child and their family values, and will choose what's best for their own situation.

School culture or philosophy:

Schools have individual and distinct cultures and learning and teaching philosophies. For example, some will have a strong sports ethic, some will follow a religious affiliation, and others promote individuality and artistic pursuits.

It all depends on what's important to you and your child. Are you looking for a curriculum with a balanced sporting and academic approach, or one with strengths in artistic and musical areas, or in science and maths? An environment with a strong academic focus might be important to you, or perhaps one that teaches your child more about your religious views.

Most schools provide an outline of their philosophies and approach in some form of documentation, often as a prospectus, handbook or charter.

For more tips see our article on practical steps to school selection.

Before your school search starts, it could help to come up with a list of five things that are most important to you (and your child) in your choice of a school. As you go through the selection process, think about this list – you might want to add to or revise it as you gather more information.

Practical Steps

Making choices about your child's education can be tricky. For many parents, the best school for their child will be their local government school. But if you're thinking about other options, here are some practical steps to make the process a little easier.

Step 1: Consider your child and your family

- What do you want a school to do for your child?
- Does your child have special language, education or other needs? What's your child's preferred or best learning style?
- Is location a factor in your school choice? Does the school need to be within walking distance? Or does your child have special transportation needs?
- What are your child's views and feelings about the school?

Step 2: Gather information about schools

- You can check out school options in much the same way as you would if you were buying a car or house. For example, you can make phone calls, talk to family and friends, look on the internet, collect written materials from schools, check public records, attend school community events, information sessions or open days, and look in the local paper.
- You can also contact your state education department (by phone or their website) to get a list of schools in your area or use the Australian Government's *My School* website to find government, Catholic and independent schools across Australia.

Step 3: Visit and observe schools

- Contact the schools you're interested in and make an appointment to visit. If possible, tour the school during regular school hours and visit a few classes.
- Schedule an appointment with the school principal.
- Attend open days and any other school functions to gather information about the attitudes of teachers, students and parents. Listen closely to what they say about the school. This is important in helping you to develop a relationship with your child's school.

Step 4: Apply to or enrol in the school(s) you choose

Most government schools accept applications and enrolments from the second term of the year before your child will start school – around May each year. Independent schools often have long waiting lists and require much earlier application and enrolment. You can contact schools directly to find out about their requirements.

Consider applying to more than one school, in case your child doesn't get into your first choice.

You'll need to fill out an application/enrolment form with:

- your child's name, age and birth date (you'll also need to supply a copy of your child's birth certificate)
- your child's address and phone number
- your contact details
- health and welfare information that will help the school meet your child's individual needs.

Most government schools give preference to children who live within their area. If you want to enrol your child at a school out of your area, you'll need to apply as an out of area enrolment to that school. Out of area enrolments may not be accepted depending on availability.

Some schools will ask you to pay some or all of a levy or contribution fee when you enrol your child.





The Decision - Important Things to Remember

Consider more than the child's date of birth before enrolling him/her at school.

Independence, social skills and energy levels should all be considered when making the decision.

An older or maturer child is unlikely to become bored unless an adult initiates the idea.

Make an effort to develop social skills, independence and decision making through every day family life.

Reach a decision as early as possible about the child starting school. He/she needs to know whether he/she is going next year or not. Once the decision has been made don't look back. Regrets and doubts don't help anyone.

Make sure you are ready to 'let go' a little and can cope with others being a part of your child's life.

Don't judge a school or an individual teacher by unfounded gossip or rumour. Remember that bad news always spreads much faster than good.

Don't judge a school by its fees! Just because it will cost more doesn't mean it's better.

Consider the use of facilities and the benefit they provide to the children. Expensive grounds, buildings and equipment are of little value when used only for show.

Weigh up what you want from a school. What your relatives and friends think should not matter.

Trust your judgement! When you see a school operating, have faith in the 'feel' it generates.

Listen to teacher's advice/suggestions.

Once you make your choice, look forward. Be confident that it was the right decision, made for the right reasons.

Starting School

(Ref: Raising Children Network - www.raisingchildren.net.au)

Once you've decided which school you would like your child to attend, the next step is enrolment and preparing for this new phase in your child's life.

Enrolling your child can be as easy as contacting the school of your choice and filling in the relevant forms. Or it could involve putting your child's name down at a private school from shortly after birth. Our tips on choosing a school might help if you are still deciding which school is right for your child.

Before school starts

- Visit the school together so your child is familiar with the grounds, including the drink taps, toilets and classroom.
- Visit the school when the other children are there so your child can get used to the noise of the playground and the size of the 'big' students.
- Meet your child's teacher together and give your child an idea of how many children will be in the class.
- Show your child where the after-school care facilities are, if needed.
- Get your child to try on the uniform and shoes before the first day, just to make sure everything fits.
- Make sure your child has all the extras. Remember – bag, hat, art smock, library bag and so on.
- It will help if your child knows another child from class before school starts. Try to organise play dates with other children before the first day of school.
- Explain the basic school rules, such as putting up your hand, asking before going to the toilet, listening quietly when necessary, and doing what the teacher asks.
- Have a practice run with the lunch box to make sure your child can take off the lid (perhaps before buying the box).
- Give your child lots of love and support. Be excited and enthusiastic about your child starting school.

During the first few weeks

Your child will need a lot of support when school starts. There are simple things you can do to help these first few weeks go smoothly:

- Pick your child up on time. If you're late it could make your child feel very anxious.
- Try to make after-school time a bit special, with a snack and time for the two of you to chat.
- Your child might want to blurt out every little detail about school, or clam up completely. Either way, be patient and respect your child's response to this new experience.

- Your child will probably be famished after school. School is a hungry business! Your child might want to snack after school and miss normal dinner.
- Your child might be grumpy and tired for the first few weeks, especially in hot weather. You could try keeping your child quiet at home and aim for early bedtimes for the first few weeks.
- Don't expect too much too soon. If your child is happy and seems to be enjoying school, that's a real achievement. The rest will come later.
- If your child doesn't seem to be settling well, or reports teasing or bullying, speak to the teacher.

Settling in and doing well

If you show your child that you think they can manage at school, they will start to believe it too. Try not to let your child know about any worries you might have. Sometimes it's helpful to talk to other parents about how they are doing this. Inviting a school friend to play helps strengthen the links between school and home.

You can be an active partner in your child's education. At home you can help them with reading and any homework such as finding interesting show-and-tell or costumes for special days.

If possible, try taking part in school social events and getting involved with fundraising or working bees. Make time to get to know your child's teacher.

In the whole new world that is school, it will help if your child understands the following:

- How the school routine operates. For example, that they have to sit on the mat in the morning and come in from play when the bell rings. You could try reminding them about this routine.
- They have to listen when their teacher is talking and then put up their hand when they want to ask a question.
- They need to cooperate, share and play fairly with other children.
- All the teachers are there to help. They can ask for help at any time.





What to pack in the school lunch box?

To help children get their body and mind through an active day, pack their lunch box with a range of tasty food.

Try to include a food from each of the following groups in the school lunch box.

Grain Foods	Breads – preferably wholegrain, rolls, pita, lavash, roti, bagels, fruit bread Pasta, rice, rice cakes, noodles, crackers, scones, muffins and cereal
Meat and Vegetarian alternatives	Lean chicken, beef, ham, meatloaf, tuna, salmon, sardines chickpeas, legumes/beans, eggs and tofu
Vegetables	Carrots, celery, cucumber sticks, cherry tomatoes, beans, corn, lettuce, capsicum, broccoli, bok choy
Fruit	Apples, banana, strawberries, grapes, mango, melon, pineapple, oranges, kiwi, apricots, plums, nectarines, fruit salad, raisins, dried apricots
Dairy	Yoghurt, custard, cheese and milk Soy milk alternatives
Drink	Water – tap water is best Plain, reduced fat milk

Lunch Box Tips

- Provide a variety of lunch items each day
- Involve children in preparing their lunches
- Cut large fruit and vegetables into bite sized pieces
- Don't forget to pack a spoon or fork when required
- Put a frozen water bottle in the lunchbox to help keep the food cool and safe
- Practise opening lunch containers with your children before they go to school
- Last night's dinner left-overs make a great lunch box treat (keep cool)
- Place tinned foods (e.g. tuna or beans) in air tight containers, for easy opening

For more healthy lunch box ideas, visit healthy-kids.com.au/10-great-lunch-box-ideas *Note: Your school may have restrictions on what food can be taken to school due to allergies.*

The Importance of Breakfast

Breakfast is one of the most important meals of the day. Children who don't eat breakfast may find it harder to concentrate at school, they may not learn as well and they may not get all the vitamins and minerals they need for growing.

Research shows that missing breakfast may negatively effect metabolism and contribute to weight gain. If children eat a healthy breakfast they will burn up the food they eat throughout the rest of the day quicker, as their metabolism will increase. Following are some suggestions for a healthy breakfast:

- Cereal with fruit
- Yoghurt with fruit
- Toast and a smoothie
- Baked beans or spaghetti with toast

Schools in Cumberland City Council Local Government Area

Primary Schools

Amity College, Auburn Campus

26-28 Kerr Parade
Auburn NSW 2144
T 8775 7600
W amity.nsw.edu.au

Auburn North Public School

100 Adderley Street
Auburn NSW 2144
T 9748 1036
W auburnnth-p.schools.nsw.gov.au

Auburn Public School

Auburn Road & Beatrice Street
Auburn NSW 2144
T 9646 2200
W auburn-p.schools.nsw.gov.au

Auburn West Public School

Chiswick Road
Auburn NSW 2144
T 9649 6774
W auburnwest-p.schools.nsw.gov.au

Berala Public School

Harrow Road
Berala NSW 2141
T 9649 7146
W berala-p.schools.nsw.gov.au

Beresford Road Public School

74 Beresford Road
Greystanes NSW 2145
T 9896 2644
W beresfordrd-p.schools.nsw.gov.au

Blaxcell Street Public School

350-368 Blaxcell Street
Granville NSW 2142
T 9632 8162
W blaxcellst-p.schools.nsw.gov.au

Girraween Public School

9 Bando Road
Girraween NSW 2145
T 9631 3650
W girraween-p.schools.nsw.gov.au

Granville East Public School

210 The Trongate
Granville NSW 2142
T 9637 1562
W granvillee-p.schools.nsw.gov.au

Granville Public School

Lena Street
Granville NSW 2142
T 9637 1083
W granville-p.schools.nsw.gov.au

Granville South Public School

Woodville Road & Oxford Street
Guildford NSW 2161
T 9632 9388
W granvilles-p.schools.nsw.gov.au

Greystanes Public School

781 Merrylands Road
Greystanes NSW 2145
T 9631 4000
W greystanes-p.schools.nsw.gov.au

Guildford Public School

Apia Street
Guildford NSW 2161
T 9632 9675
W guildford-p.schools.nsw.gov.au

Guildford West Public School

Palmer Street
Guildford West NSW 2141
T 9632 9942
W guildfordw-p.schools.nsw.gov.au

Hilltop Road Public School

Hilltop Road
Wentworthville NSW 2145
T 9635 7722
W hilltoprd-p.schools.nsw.gov.au

Holy Family Primary School

199 The Trongate
East Granville NSW 2142
T 9637 6020
W hfgranville.catholic.edu.au

Holy Trinity Primary School

Grimwood Street
Granville NSW 2142
T 9682 4911
W htgranville.catholic.edu.au

Lidcombe Public School

Mills Street
Lidcombe NSW 2141
T 9649 7576
W lidcombe-p.schools.nsw.gov.au

Merrylands East Public School

Myee Street
Merrylands NSW 2160
T 96372638
W merrylandseast.schools.nsw.gov.au

Merrylands Public School

Fowler Road
Merrylands NSW 2160
T 9632 9709
W merryland-p.schools.nsw.gov.au

Our Lady of Mount Carmel Primary School

Bennett Street
Wentworthville NSW 2145
T 9631 8442
W olmcwentworthville.catholic.edu.au

Our Lady Queen of Peace Primary School

Braeside Road
Greystanes NSW 2145
T 9631 1500
W olqpgreystanes.catholic.edu.au

Pendle Hill Public School

Pendle Way
Pendle Hill NSW 2145
T 9631 5857
W pendlehill-p.schools.nsw.gov.au

Ringrose Public School

Ringrose Avenue
Greystanes NSW 2145
T 9631 8637
W ringrose-p.schools.nsw.gov.au

Sacred Heart Primary School

12 Ralph Street
Westmesd NSW 2145
T 9635 1758
W sacredheartwestmead.catholic.edu.au

Sherwood Grange Public School

Bruce Street
Merrylands NSW 2160
T 9632 9447
W sherwoodgr-p.schools.nsw.gov.au

St Anthony's Primary School

216 Targo Road
Girraween NSW 2145
T 9631 5283
W stanthonysgirraween.catholic.edu.au

St Joachim's Primary School

7 Mary Street
Lidcombe NSW 2141
T 9646 1310
W stjlidcombe.catholic.edu.au

St John's Catholic Primary School

77 Queen Street
Auburn NSW 2144
T 9649 3045
W stjauburn.catholic.edu.au

St Joseph the Worker Primary School

2 New Street
Auburn NSW 2144
T 9646 1434
W stjwauburn.catholic.edu.au

St Margaret Mary's Primary School

7 Chetwynd Road
Merrylands NSW 2160
T 9637 4600
W stmmerrylands.catholic.edu.au

St Patrick's Primary School

34 Calliope Street
Guildford NSW 2161
T 9632 5468
W stpatparra.catholic.edu.au

St Peter Chanel Catholic Primary School

43 Regent Street
Regents Park NSW 2145
T 9644 9083
W spcregentspark.catholic.edu.au

Sydney Adventist School

3 Macquarie Road
Auburn NSW 2144
T 9649 5279
W auburn.adventist.edu.au

Wentworthville Public School

70-100 Fullagar Road
Wentworthville NSW 2145
T 9631 8529
W wentwthvil-p.schools.nsw.gov.au

Westmead Christian Grammar School

2/14 Bridge Road
Westmead NSW 2145
T 9689 1138
W wcgs.com.au

Westmead Public School

Haqwkisbury Road
Westmead NSW 2145
T 9635 7793
W westmead-p.schools.nsw.gov.au

Widemere Public School

Nemesia Street
Greystanes NSW 2145
T 9604 9818
W widemere-p.schools.nsw.gov.au

Independent Schools

Al-Faisal College

149 Auburn Road
Auburn NSW 2144
T 9749 4449
W alfaisalcollege.com

Regents Park Christian School

59 Regent Street
Regents Park NSW 2145
T 9644 5144
W rpcs.nsw.edu.au

Special Schools

Chapel School

102 Kenyons Road
Merrylands NSW 2160
T 0418 214 048
W [youthoffthestreets.com.au/
programs/chapel-school](http://youthoffthestreets.com.au/programs/chapel-school)

Fowler Road School

Fowler Road
Merrylands NSW 2160
T 9681 4054
W fowlerroad-s.schools.nsw.gov.au

Holroyd School

Willara Avenue
Merrylands NSW 2160
T 9637 1219
W holroyd-s.schools.nsw.gov.au

High Schools

Alpha Omega Senior College

1-5 Harrow Road
Auburn NSW 2144
T 9199 3900
W aosc.nsw.edu.au

Auburn Girls High School

Hunter Street
Auburn NSW 2144
T 9649 6949
W auburng-h.schools.nsw.gov.au

Cerdon College

Sherwood Road & Kenyons Road
Merrylands West
T 8724 7300
W cerdonmerrylands.catholic.edu.au

Delany College

Grimwood Street
Granville NSW 2142
T 9637 7788
W delanygranville.catholic.edu.au

Girraween High School

110 Gilba Road
Girraween NSW 2145
T 9636 7293
W girraween-h.schools.nsw.gov.au

Granville Boys High School

14 Mary Street
Granville NSW 2142
T 9637 0489
W granvilleb-h.schools.nsw.gov.au

Granville South Creative and Performing Arts High School

53 Rowley Road
Guildford NSW 2161
T 9892 2654
W granvilles-h.schools.nsw.gov.au

Greystanes High School

Beresford Road
Greystanes NSW 2145
T 9631 9144
W greystanes-h.schools.nsw.gov.au

Holroyd High School

7 Cumberland Road
Greystanes NSW 2145
T 9631 9410
W holroyd-h.schools.nsw.gov.au

Merrylands High School

Bristol Street
Merrylands NSW 2160
T 9632 9401
W merryland-h.schools.nsw.gov.au

St Pauls Catholic College

198 Old Prospect Road
Greystanes NSW 2145
T 8868 3700
W stpaulsgreystanes.catholic.edu.au

Trinity Catholic College, Auburn Campus (Yrs 9-12)

13 Park Road
Auburn NSW 2144
T 9749 1919
W trinity.catholic.edu.au

Trinity Catholic College, Regents Park Campus (Yrs 7-8)

37 Regent Street
REGENTS PARK NSW 2143
T 9644 7217
W trinity.catholic.edu.au

Cumberland City Council's Education and Care Services

Long Day Care / Preschool (0-5)

- Council Long Day Care Centres educate and care for children from birth to school age. They are open 49 weeks per year, between 7am - 6pm (Pemulwuy 6am – 6pm).
- The needs of individual children are met through an educational preschool program based on the Early Years Learning Framework.

Contact Details

Auburn Long Day Care Centre

17 Northumberland Road
Auburn NSW 2144
T 8757 9069

Frances Fisk Child Care Centre

64 The Avenue
Granville NSW 2142
T 8757 9072

Friend Park Children's Centre

3 McKern Street
Wentworthville NSW 2145
T 8757 9074

Guildford West Children's Centre

50 Princes Street
Guildford West NSW 2160
T 8757 9073

Holroyd Children's Centre - Banksia Babes (0-3)

1 Goodlet Street
Merrylands NSW 2160
T 8757 9070

Holroyd Children's Centre - Gumnut Grove (3-5)

13 Windsor Road
Merrylands NSW 2160
T 8757 9071

Pemulwuy Children's Centre

1 Newport Street
Pemulwuy NSW 2145
T 8757 9085

Wenty Children's Centre

100 Damien Avenue
Greystanes NSW 2145
T 8757 9075

For more details about Council's Long Day Care services, please visit cumberland.nsw.gov.au/long-day-care-centres.

Family Day Care

- Family Day Care provides care for children aged between 6 weeks and 12 years in the homes of Registered Educators. Flexible service type, providing care according to families needs. This can include long day care, part-time, occasional, Emergency and Before and After School Care.

- Family Day Care caters to the needs of individual children and offers an educational based preschool program based on the Early Years Learning Framework.
- Children interact with other children in a small group family setting. Through partnerships with families, Educators develop individualised programs for each child so that children can further develop their skills and knowledge and grow to their full potential.
- Family Day Care staff support Educators through regular home visits, organised play sessions and ongoing training to assist them in maintaining a high quality child care service.
- Family Day Care offers the best of both worlds: quality, regulated care in a home based environment.

Contact Details

Cumberland Council Family Day Care

74 Military Road
Merrylands NSW 2160
T 8757 9076

W cumberland.nsw.gov.au/family-day-care

All of Council's Education & Care Services comply with the National Quality Framework.



What is Out of School Hours Care?

- Out of School Hours (OOSH) is a place where children can go before school, after school and during the school holidays. OOSH offers a recreational program based on the needs and interests of the children. It can be a place for your child to socialise with friends, make new friends or participate in activities that they would not ordinarily have the chance to do.
- OOSH is a place where children can do as little or as much as they like. Children have the opportunity to participate in a range of art, craft, cooking, sports, board games, construction, imaginative play, dramatic play, puzzles, computer and excursions, such as the movies, bowling, sports workshops and animal shows.
- At Before School Care, children are provided with healthy breakfast choices such as cereals, fruit, milk, yoghurt and toast.
- At After School Care, children are provided with healthy snacks such as sandwiches, fruit, yoghurt, custard, vegetables and multicultural snacks.
- OOSH offers transport in Before School Care and After School Care to other schools, as indicated on this page.

Hours of Operation

Before School Care:	6.30am to 9.00am
After School Care:	2.30pm to 6.00pm
School Holiday Care:	7.00am to 6.00pm

All of Council's Education & Care Services comply with the National Quality Framework.

For more details about Council's OOSH /SHC services, please visit cumberland.nsw.gov.au/out-school-hours. (OOSH) or cumberland.nsw.gov.au/school-holiday-care (School Holiday Care).

Contact Details

Guildford West OOSH

50 Princes Street
Guildford West 2161
T 8757 9077

Caters to:

- Guildford West Public School
- Merrylands East Public School
- St Patrick's Primary School
- St Margaret Mary's Primary School (before school care only)

Before, After and School Holiday Care available.

Double Digits is also available for children aged 10–13 years.

Parramatta West OOSH

Parramatta West Public School
57 Auburn Street
Parramatta West 2150
T 8757 9078

Caters to:

- Parramatta West Public School

Before and After School Care available.

Ringrose OOSH

Ringrose Public School
18-36 Ringrose Avenue
Greystanes 2145
T 8757 9081

Caters to:

- Greystanes Public School
- Ringrose Public School

Before, After and School Holiday Care available.

Sherwood Grange OOSH

Sherwood Grange Public School
50 Bruce Street, Merrylands 2160
T 8757 9082

Caters to:

- Sherwood Grange Public School
- St Margaret Mary's Primary School

Before, After and School Holiday Care available.

Widemere OOSH

Nemesia Street
Greystanes 2145
T 8757 9083

Caters to:

- Widemere Public School

Before and After School Care available.

Inclusion support

Inclusion support provides quality education and care services for children with additional support needs. Council's educators are trained and experienced to work with children and their families who require additional support. Council's Education and Care services support the inclusion of all children in their services.

For further information, please call 8757 9000 or email council@cumberland.nsw.gov.au.

Fees

- Long Day Care fees are calculated on a daily basis
- Fees for Family Day Care are calculated on an hourly basis and this care is used on an 'as need' basis
- OOSH fees are based on morning rates and afternoon rates
- School Holiday Care fees are calculated on a daily rate

Child Care Subsidy is available for eligible families. The amount of subsidy is based on your family income.

For more information

To enrol into any of our services, please apply at cumberland.nsw.gov.au/enrol-education-and-care-service.

For further information on any of our services, please contact the Education and Care team on 8757 9000 or council@cumberland.nsw.gov.au.







CUMBERLAND
CITY COUNCIL

Cumberland City Council

16 Memorial Avenue, PO Box 42, Merrylands NSW 2160.

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f Cumberland City Council Sydney **@** [cumberlandcitycouncil](https://www.instagram.com/cumberlandcitycouncil)